YANKE BIONICS'

Philosophy is that life should be lived to the fullest extent.

It's all about spirit.

It's about winning in life.

Its about Accepting No Limitations!



YANKE BIONICS

PROSTHETIC AND ORTHOTIC PATIENT CARE

If you have any questions or concerns, please call your local office.

If it is after normal business hours, please call 330-762-6411 and follow the prompts. The On-Call clinician will assist you.



Advanced Prosthetic and Orthotic Patient Care

Wear & Care of Your Custom

ANKLE FOOT ORTHOSIS (AFO)

www.yankebionics.com

Tel: 330-762-6411 Fax: 330-762-4110

FITTING

At your initial fitting, our clinicians will take considerable time making sure the orthosis fits properly. Be sure to tell the clinician that is fitting your orthosis if the device feels uncomfortable or causes pain.

* An orthosis is of no help if it does not fit correctly or is uncomfortable.

APPLICATION

Initially, an orthosis should be worn for short periods of time in order to "break-in" its use to your every day activities. Over time, you should gradually increase its wearing time, until you achieve regular consistent use of the orthosis. During this "break-in" period, you and/or a relative MUST observe your feet for signs of rubbing or pressure such as: red spots, blisters, etc.

*If you notice any irritations as mentioned from above <u>STOP</u> wearing the orthosis until you:

- 1. Call our office for an appointment so that the appropriate adjustments can be made.
- 2. Contact your physician for any further advice

HELPFUL HINTS

- It is advisable to always wear a sock to act as an interface between your skin and the ankle foot orthosis (AFO).
- Remove the original insole from shoe before attempting to put on your AFO
- Appropriate shoes are needed for maximum effectiveness of your AFO
- Appropriate shoes include walking, cross-training, &/or extra depth shoes.
 Most dress &/or casual shoes usually do not have ample support nor do they have removable innersoles. Ask your clinician about the correct footwear for you.
- Place your AFO in your shoe. If this
 is not possible, apply device to your
 leg, then apply footwear over the
 device.

WEARING

Your condition may require that you wear your orthosis permanently or for a limited time. Your physician should indicate to you the length of time necessary for you to wear the device, as well as the specific use of the device for your diagnosis.

CARING

A well-constructed orthosis should last many years. Wear and tear will occurmuch depending on your level of activity. Watch for signs that the orthosis is wearing and call us about the need for refurbishing &/or replacement. Your orthosis should be cleaned weekly by washing it off with antibacterial soap and water.

FOLLOW-UP

You should be seen in our office at least once a year after the orthosis has been fit. Your clinician may choose to follow up sooner if needed. If your have any problems or questions before your next scheduled appointment please contact the office that fit you.

REFUND/RETURN POLICY

Due to the inherent costs associated with custom fabrication, there can be no refund for a custom fabricated orthosis (including custom molded shoes and foot orthotics) unless the item is proven to be inappropriate at the time of fitting or substandard (less than full quality), in which case the manufacturer's warranty will be observed.